

OAS Progression of Scout Skills

VERTICAL STAGES 1-3

CANDIDATE DETAILS	Name	Scout N.
	email	DoB:

Element	Skill to be demonstrated consistently	Date of assessment	Supervisor initials*
<i>Stage 1. Introductory Skills</i>			
<i>Plan</i>	dresses self for a rock activity.		
	knows not to break or damage trees when climbing them		
	knows what to do if gets lost at an activity		
	can explain the buddy system		
	can discuss what the purpose of a helmet is		
<i>Do</i>	knows the safety rules for climbing on rocks, trees, fences and man-made structures		
	has been to a rock playground and knows how to play safely and cooperatively with others.		
	can take care of personal equipment for the duration of a rock activity		
	knows how to wear and adjust a helmet		
<i>Review</i>	can talk about favourite thing from a rock activity		

Element	Skill to be demonstrated consistently	Date of assessment	Supervisor initials*
<i>Stage 2. Basic Vertical Skills</i>			
<i>Plan</i>	can discuss what safety precautions you should take before going on a rock activity		
	can put on own helmet and harness properly		
	can explain what impact one has on local vegetation when participating in rock sports		
	can explain why we do harness and carabineer checks before we begin our rock activity		
	can draw a diagram labelling all of the essential equipment required for rock activities		
	knows why knotting skills are important for vertical activities.		
<i>Do</i>	has been climbing twice on an artificial wall or natural rock formation.		
	abseiled at least once at this stage		
	can protect self from sun exposure		
	has discussed the appropriate action to take in the case of an accident.		
	before starting a climb, can show where allowed to climb.		
	can tie two knots that will help me in vertical activities		
<i>Review</i>	have talked about what was enjoyed, learnt, or improved upon from at least two rock based activities		
	can suggest what could be done differently on a future rock based activity to enjoy it more, to be safer, or to learn new things		
<i>Log</i>	My log book has been updated.		

Element	Skill to be demonstrated consistently	Date of assessment	Supervisor initials*
Stage 3. Basic Vertical Skills			
<i>Plan</i>	knows what the risks are for participating in a vertical activity in different weather conditions.		
	can explain the importance of wearing the right clothing and gear while participating in a vertical activity.		
	knows which items should be carried when participating in a vertical activity		
	know how and where to get the latest weather forecast for the area where the activity will be run		
	know the safety rules for participating on climbing wall, ropes challenge and cliff faces.		
	can point out a good anchor for a rock activity		
	understands the need for belays in relation to vertical activities		
<i>Do</i>	know what DRSABCD stands for and how to apply it in first aid situations.		
	have helped a Stage one scout learn to adjust his or her helmet.		
	have taken part in an at least two vertical activities at this Stage.		
	have ascended or descended a 10m wall at this stage		
	know how to treat cuts and minor bleeding		
	can teach the importance of the buddy system to a younger scout.		
	can demonstrate how to correctly care for carabiners and explain why it is important.		
	correctly tied a re-threaded figure-8 knot, alpine butterfly and tape knot and apply them to a vertical activity		
<i>Review</i>	has discussed with my Patrol ways that we can improve the safety of our rock activities		
<i>Log</i>	My log book has been updated.		

SUPERVISORS DETAILS*

INITIALS	CONTACT DETAILS	NAME