

ADVANCED VERTICAL SKILLS AND TRAINEE PROGRAM 2025

ROCKSCHOOL EXECUTIVE TEAM AND

SOUTHERN CROSS ADVENTUROUS ACTIVITIES SCOUT FELLOWSHIP

Scouts NSW

This was developed to capture integrated knowledge and skills demonstrated in a gradual achievements in the checklists. It *supplements* the checklists.

FINAL ASSESSMENT TASKS

1. SET UP on a different drop for novices
 - a. Complete gear inspection as you construct
 - b. EXPLAIN your anchor choice, what you've done and why; evaluate the construction and descent line (fall angle of rope)
 - c. RAM Risk Assessment and Management for your drop

2. ABSEIL
 - a. Increase friction on device during descent
 - b. Use self-belay, but demonstrate fall arrest (hands free); then resume descent
 - c. Demonstrate descent over knot

3. DISCUSS
 - a. different types of lock off (device vs universal)
 - b. Equipment limits and how items should be used
 - c. Importance of multiple attachment points during ascent

4. REVIEW of personal performance as well as success of set-up.