## Personal Gear List



#### **Toiletries bag containing**

- Toothbrush and toothpaste
- Face washer
- Soap in a container
- Comb and/or hairbrush
- Nail file and nail brush
- Tissues
- Foot Powder
- Shampoo and conditioner
- Deodorant roll-on (NOT aerosol)

## Bag to carry gear to shower

• Thongs for the shower

### Hygiene

- 2 towels (bath towel and beach towel)
- Plastic bag for wet towel
- Plastic bag for wet clothes
- 2 spare plastic bags

#### **For Activities**

- Daypack
- Sunscreen
- Sunglasses (optional)
- Insect repellent cream or roll-on (NOT aerosol)
- Hat
  - Lunch box
- 1 water bottle Notebook and pen Torch with FRESH batteries Personal 1st Aid Kit

#### Mess Kit

(Must be fabric or mesh - not plastic or dry sack)

- Knife, fork, dessert spoon and teaspoon
- Dinner plate, bowl and mug (unbreakable)
- 2 named tea towels

## **Sleeping Gear**

- Pyjamas or tracksuit to be used only for sleeping
- Roll mat
- Sleeping bag and inner sheet
- Pillow

#### Clothing

- Scout shirt and bone/stone coloured shorts, pants or zip off
- 2 polo shirts or shirts with collar 2 pairs socks
  - 2 sets underwear
- 1 pairs pants, zip offs or shorts
- Waterproof raincoat. Essential
- jumper/polar fleece
  pairs shoes or boots



## **YOUR QUEST ~ YOUR WAY**

# Personal Gear List

(Recommended -

#### **Others Items**

- Notebook and a pen that works
- Torch with FRESH batteries and some spares. Headlight is preferred. (Please do not bring wind up torches).
- Radio with spare batteries (optional there is a Jamboree radio station)
- Small sewing kit (Needle, thread, couple of safety pins and button)
- Small 1st aid kit
- Camera (optional)
- Spare shoe laces
- 20 clothes pegs
- Wallet
- Badges for swapping (optional We will be providing Contingent badges)

#### Notes

- All gear must fit inside bag. Eg no roll mat or pillow tied to the outside.
- Mess kit bag must be fabric or mesh so that the dishes will air dry inside them
- Scouts should have some sort of bag to carry their gear to the shower...saves things getting dropped en route!
- An inner sheet is very important for keeping the sleeping bag clean. It adds several degrees of warmth to the bag if needed or can be used by itself on a hot night.
- Scouts are expected to have clothing designated solely for sleeping. Scouts must not sleep in the clothes they wore during the day.
- Please do not send any aerosols. The propellant damages the fabric of the tents and some kids get asthma if they are sprayed in confined areas (eg tents)
- You will have no power so leave home any electrical devices including mobile phones.
- Please make sure all belongings are named with the Scouts name and home Troop Name.
- Waterproof raincoat is essential.
- If bringing medication, please have a copy of the "action plan" from your GP or specialist.



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