



ADVENTUROUS ACTIVITIES PROGRAM

Basic Water Rescue – Safe Participant Assessment of Proficiency



Branch or State	
Members Name	
Membership Number	
Unit e.g. Venturer, Rover, etc	
Phone / Mobile	
Email address	

Who instructed or assisted you in your activity course and to complete the Workbook:

Name	Role	Qualification

Youth Program - Outdoor Adventure Skills are to be recorded in Scouts Terrain

Basic Water Rescue Safe Participant - Assessment of Proficiency

Name	
Qualification & Number	
Date	
Signature	

I certify that proficiency in Basic Water Rescue -Safe Participant has been attained by:

Introduction

Welcome to your Program Pathway for the pursuit of Safe Participant Basic Water Rescue This Program Pathway allows you to be clear on what you required to do to complete the requirements to achieve completion of Program Pathway. This Program involves the skills and knowledge required perform basic water rescues in indoor and outdoor aquatic venues and has a link to the following Unit of Competency SISCAQU002 – Perform Basic Water Rescues

The Program Portfolio is broken into 3 parts

Part 1 – Pre-Program Evidence the things you have to complete before you attend the face to face part of the program

Part 2 – On Program Evidence items are where you record the skills and knowledge you develop on the Face to Face part of the Program.

Part 3 – Post Program Evidence Items

As you complete the items please capture or connect them to this portfolio type document. Once you have completed all of the evidence items in the Program please return the complete Program Pathway Portfolio to the Training Section of your Branch. A review of your completed Portfolio will be undertaken, and once you have been deemed competent you will be recognised as a Safe Participant.

If you are also seeking the VET unit noted above you will need to contact your Branch Training Department and enrol in SAIT. Enrolling will allow you to have a separate assessment completed by a SAIT assessor. The Assessor may require further evidence to be provided. If you are found to be competent, you will be awarded the relevant issue of competency by SAIT.

Pre-Program Evidence Items

The following items need to be completed before you attend the On-Program part of the Pathway

Scouts Australia On Demand Modules	Date Completed
Preliminary ScoutSafe– SP SAFE	
WHS for Scouting – SP WHS	
Assisting in Conducting Outdoor Activities - AA Assist	
Responding to Emergencies – SA EMERGE A	
Watch the following Video	
Watch the Royal Life Saving Drowning Report Video https://www.royallifesaving.com.au/facts-and-figures/research-and-reports/drowning-reports	
Read the following	
Relevant Branch Policy for Aquatic Swimming and Water Safety	
Australian Adventurous activities in particular – Inland water paddle-craft GPG – Appendix 6 and Appendix 7 https://australianaas.org.au/	

Undertake some research and complete the following table

Knowledge on	Your Research – What does it mean
What are the legislation, organisational policies and procedures and industry standards regarding safe conduct of water rescues?	
What would you consider as potential dangers when in an aquatic environment such as in dams, creeks, rivers, swimming pools	
How would you identify and evaluate an aquatic emergency?	
What issues could arise during a rescue?	
Which rescue techniques put the rescuer in the least amount of danger	
What communication systems could be used during and after a rescue?	

Can you identify the following signs and signals and determine the possible contributing factors?	
Call for help	
Vertical body position	
Minimal or non-supportive leg action	
Vigorous arm movements	
Submerged or unconscious person	

List the type of equipment that would be suitable for undertaking a basic water rescue and identify the advantages and disadvantages

Equipment	Advantages	Disadvantages

Participant Pre-program Sign off
<p>I confirm that I have undertaken all the requirements of the pre-program portfolio outlined above and this is my own work.</p> <p>Participant Name: _____</p> <p>Signature: _____ Date: / /</p>

Administration Sign off
<p>I confirm that the evidence above meets the requirements for the pre-program element of this program.</p> <p>Name: _____</p> <p>Signature: _____ Date: / /</p>

On Program Evidence Items

The following items will be completed while you are on the On-Program part of the Pathway please make sure the below check list is completed and is signed by your On-Program Leader.

Activity	Initial when Complete
Identify, evaluate and respond to an emergency according to organisational legislative requirements	
Recognise signs and signals of a person in difficulty. Identify and respond to the following: <ul style="list-style-type: none"> • Call for help • Vertical body position • Minimal or non-supportive leg action • Vigorous arm movements • Submerged or unconscious person 	
Assess the situation and determine an appropriate response	
Identify and assess immediate hazards and risk to self and others	
Determine rescue type required and formulate rescue plan	
Use and locate suitable equipment for type of rescue	
Use suitable communication systems during the rescue to inform relevant parties based on organisational policies and procedures	
Perform the following non-swimming rescues <ul style="list-style-type: none"> • Reach • Rope throw • Throw flotation aid 	
Perform the following swimming rescues <ul style="list-style-type: none"> • Accompanied • Wade • Non-contact tow • Contact tow (<i>at least 10m with their mouths and nose above water to point of safety</i>) 	
Accurately complete an incident form based on one of the demonstrated rescues above	
Photos or Video Taken	
Have someone take a photo or video of you in undertaking one of the rescues – and is attached	
Administration Sign Off	
The candidate demonstrated skills to perform basic water rescues and is considered to be satisfactory as Safe Participant. On-Program Leader Name: _____ Signature: _____ Date: / /	

Post Program Evidence Items (document in your logbook and don't forget to include photos)

The following items need to be completed to complete your Program Pathway

- Update and attach your log book with details of the following rescues, outlining the scenario, the plan you formulated, and the equipment you used
 - Reach rescue
 - Rope throw rescue
 - Floatation aid throw rescue
 - Accompanied swimming rescue
 - Wade rescue
 - Non-contact tow rescue
 - Contact tow rescue (at least 10m)
- Complete and attach a Branch Incident report based on one of the simulated scenarios

Sample activity log book:

Name:		Activity Log		Skill: Basic water rescue	
Date	Rescue type	Detail Rescue Scenario, determined plan, equipment available, reason for type of rescue	Participants Who was there?	My Role What did you do?	Name of Activity Leader/ team leader & contact details

Administration Sign off

I confirm that the evidence above meets the requirements for the post-program element of this program.

Name: _____

Signature: _____ Date: / /

<p>Pathways</p> <p>Youth Program</p> <p>Adult Training & Development</p> <p>Scouts Australia Institute of Training</p>	<p>This document can be uploaded into Scouts Terrain as supporting evidence for the relevant youth program Outdoor Adventure Skills Stages.</p> <p>Please retain a copy of your completed and assessed workbook to allow you to use it as supporting evidence for the awarding of the related Scouts Australia adult training outcome.</p> <p>Please retain a copy of your completed and assessed workbook to allow you to use it as partial evidence for Recognition of Prior Learning (RPL) by enrolling in SAIT and being assessed by an appointed SAIT Assessor in to achieve a Vocational Education and Training (VET) outcome.</p> <ul style="list-style-type: none"> • Please note that the Assessor for SAIT or your peers for OAS may request further supporting evidence where necessary.
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