

# Promise and Law Challenge Card

Name:	Patrol:	

Scout Group: ...... Cub Scout Signature: .....

This challenge is to be completed over a one to two-week period, and returned to your Course Leader.

As you complete each challenge write down the date and mark it off in the "completed" column.

You are a Cub Scout every day, not just on the day you go to Scouts.

Date	Challenge	Completed
	Do a good turn.	
	Make sure you follow your Unit Code of Conduct.	
	Tell your Leader or another Cub Scout the Scout Promise and Law.	
	Make a special effort to say only kind things to people today.	
	Do something for Mum/Dad without being told or asked to do it.	
	Reflect on all the things that you are thankful for. Write a reflection to share with you Cub Scout Unit.	
	Make sure you dress neatly for Cub Scouts to show you are proud to be a Cub Scout.	

**Remember**, bring this completed Challenge Card with you to the Cub Scout Personal Development Course.

### The Australian Scout Promise

On my honour, I promise that I will do my best To do my duty to my God, and To the King of Australia, To help other people, And to live by the Scout Law *OR* On my honour, I promise To do my best, To be true to my spiritual beliefs, To be true to my spiritual beliefs, To contribute to my community and our world, To help other people, And to live by the Scout Law

### The Australian Scout Law

#### **Be Respectful**

Be friendly

Care for others and the environment

#### Do What is Right

Be trustworthy, honest and fair

Use resources wisely

#### **Believe in Myself**

Learn from my experiences

Face challenges with courage

Cub Scout Personal Development Course.



# Getting To Know Your Patrol

Name:	Patrol:

Scout Group: ...... Cub Scout Signature: .....

As a Patrol Leader, it is important to get to know others in your Patrol. Fill this sheet in at your next Cub Scout meeting to see how much you can find out about members of your Patrol.

**Remember**, bring this completed Getting to Know your Patrol form with you to the Cub Scout Personal Development Course.

1. NAME	
Where do you live? (Address or Suburb)	
What is your favorite Sport?	
What Pets do you have or would like?	
What do you do in your free time?	
What are your Hobbies?	
What are your Dislikes?	
What music do you like?	
2. NAME	
2. NAME Where do you live? (Address or Suburb)	
Where do you live? (Address or Suburb)	
Where do you live? (Address or Suburb) What is your favorite Sport?	
Where do you live? (Address or Suburb) What is your favorite Sport? What Pets do you have or would like?	
Where do you live? (Address or Suburb) What is your favorite Sport? What Pets do you have or would like? What do you do in your free time?	

3. NAME	
Where do you live? (Address or Suburb)	
What is your favorite Sport?	
What Pets do you have or would like?	
What do you do in your free time?	
What are your Hobbies?	
What are your Dislikes?	
What music do you like?	
4. NAME	
Where do you live? (Address or Suburb)	
What is your favorite Sport?	
What Pets do you have or would like?	
What do you do in your free time?	
What are your Hobbies?	
What are your Dislikes?	
What music do you like?	
5. NAME	
Where do you live? (Address or Suburb)	
What is your favorite Sport?	
What Pets do you have or would like?	
What do you do in your free time?	
What are your Hobbies?	
What are your Dislikes?	
What music do you like?	



## **Practical Skills**

Name: \_\_\_\_\_Patrol: \_\_\_\_\_Patrol:

Scout Group: ...... Cub Scout Signature: .....

Choose any three (**3**) of the following tasks to complete within the next 24 hours, before the next course session – tomorrow.

These practical skills are set to challenge you. Some you may not have ever done before, some you will need the assistance of an adult or older sibling, some you may not be able to do, so choose wisely. Also, remember that you only have 24 hours to complete 3 tasks, so plan your activities and your time.

Take photos or make a video and send it to your course leader.

<b>Baking:</b> Bake a slice, cake, muffins, biscuits, scones or pikelets.	<b>Laundry:</b> Put on a load of washing, when finished, hang it out to dry.	<b>Clean your room:</b> Make your bed, put away your clothes, clean up and vacuum your room.
Wash the dishes: or load the dishwasher and put it on. Put the dishes away when finished/dry.	<b>Clean the car:</b> Wash it, clean out the inside and vacuum it.	Look after your dog (or another pet) for the day: Take it for a walk, feed it and give it water.
<b>Gardening:</b> weed a garden bed, cut the grass, trim a hedge, water the plants.	<b>Cooking:</b> Cook breakfast for you and your parents.	Help with the shopping: Write a shopping list, go to the shops and select the items, put the shopping away.