

**1st Hornsby Heights, 1st Mt Colah/Mt Ku-ring-gai &
1st Greenwich/Wollstonecraft
Shakedown Camp
Recommended Gear List**



Personal Gear List

Bed

- Sleeping bag
- Sleeping bag liner
- small stretcher/sleeping mat
- Pillow
- Camp blanket (if you have one) or polar fleece blanket

Toiletries

- Toothbrush and toothpaste
- Comb/brush
- deodorant
- Sunscreen
- Insect repellent
- Towel

PLEASE DO NOT BRING

- Mess kit is not required
- Aerosols
- phones or electronics are not required
- Matches
- pocket knives

Clothes

- 2 x Change of clothes
 - T-shirts preferably with a collar (no singlet tops)
 - shorts, long pants, leggings
- Clothes/Pyjamas just for sleeping in
- 1 x Jumper
- Underwear and socks
- good quality Raincoat
- Swimmers
 - *water shoes, boardshorts and rashie/quick dry shirts for all Scouts*
- Sunhat
- TWO PAIRS SHOES (CLOSED IN)
- Torch + extra batteries
- large plastic bags for dirty or wet clothing
- Scout Record Book
- drink bottle
- wire coat hanger for uniform

**SCOUT UNIFORM TO BE WORN TO AND FROM CAMP
EVERYTHING IS TO BE LABELLED WITH YOUR NAME**

Additional Information

- All gear should be self contained in 1 soft bag. Wheely duffle bags are ideal. No suitcases please.
- **Medication** should be in its original packaging and handed directly to Groot, our First Aider, in a zip lock bag or clip lock container with the following details enclosed
 - Name
 - Parent contact details
 - Dosage