

Packing list

Please bring all items unless marked.

- Scout uniform
- Scout scarf
- Pack
- Boots / enclosed shoes (must be worn for canoeing)
- Sleeping bag
- Sleeping bag liner - optional
- Sleeping mat
- Rain jacket - please bring, even if rain is not expected
- Mess kit
 - Bowl
 - Knife
 - Fork
 - Spoon
 - Tea towel - optional
- Toiletries
 - Toothbrush
 - Toothpaste
 - Small / microfibre towel - optional
 - Deodorant
- Headtorch (+ spare batteries)
- Handheld torch - optional
- Power bank
- Charging cable(s)
- Socks
- Trousers
- Underwear
- Thermals - even if cold weather is not expected
- Shirts
- Fleeces / jumpers - even if cold weather is not expected
- Beanie - optional
- Pillow
- Hat
- Sunscreen
- Insect repellent
- First aid kit - bring what you can if you have any of this, we will also have backup supplies
 - Space blanket
 - Triangular bandage
 - Elastic / compression bandage
 - Crepe bandage
 - Gloves
 - Antiseptic gel / saline drops / wipes
 - Anti-inflammatory cream
 - Band-aids

- Gauze
- Scissors
- CPR mask
- Non-stick dressing
- Strapping tape
- Tweezers
- Multi-tool / swiss army knife
- Sunglasses - recommended
- Lighter
- Hand sanitiser
- Water bottles - water is available at the campsite but you'll need at least 2L capacity
- Plastic bag(s)
- Bag for dirty clothes - optional