

PACKING LIST FOR EASTER CAMP

Medication is to be handed to your leaders of your Scout unit on arrival at camp.
Contact your leaders if you have any questions.

Sleeping Gear

Backpack / Sports bag / Suitcase
Sleeping mat or air bed (+ pump)
Sleeping Bag
Inner Sheet
Blanket
Pillow

Clothes

Full scout uniform to be worn when travelling to and from the camp, and at opening and closing parade.

Jacket/Jumper

Shorts Modest shorts suitable for adventurous activities

Shirts / T-shirts **Collars preferred**

Jeans / Long pants

Tracksuit

Pyjamas

Underclothes

Socks

Shoes (to keep dry)

Sun hat

Beanie & Gloves

Poncho / Raincoat

Hair ties,

If you have long hair please bring hair ties, you must tie back hair to participate in adventurous activities such as Abseiling

Toiletry kit:

Soap / Liquid wash
Toothbrush
Toothpaste
Brush / Comb
Small towel

Mess Kit in a **cloth** bag (not plastic or mesh):

Plate, bowl, cup, mug, knife, fork, spoon
2 Tea towels
Water bottle

Other items

Torch / Head torch
Small First Aid Kit
Sun block cream
Insect repellent (roll on or cream)
Scout Book
Camera - optional

LEAVE AT HOME

Mobile phones and other electronic equipment

BANNED ITEMS

Cigarette Lighters
Lighter Fluid
Pressure packs (inc deodorant)
Snacks and extra food.

Remember no food in tents

No food in bags and tents due to allergy risks

Suitable modest sunsafe clothing must be worn at all times

Clothing must be suitable for adventurous activities, no midriff shirts. A good way to check if clothing can be worn for an adventurous activity.

Check shirts: Can I tuck it in? It is Sun Safe? (Collared)

Shorts: Can I move in them? Will my clothing protect me?- e.g Do they cover most of my upper leg?. Zip off pants like Scout pants are great for adventurous activities.