



ADVENTUROUS ACTIVITIES PROGRAM

Snorkelling – Safe Participant Assessment of Proficiency Folio



Branch or State	
Members Name	
Membership Number	
Unit e.g. Venturer, Rover, etc	
Phone / Mobile	
Email address	

Who instructed or assisted you in your activity course and to complete the Folio:

Name	Role	Qualification

Youth Program - Outdoor Adventure Skills are to be recorded in Scouts Terrain

Snorkelling Safe Participant - Assessment of Proficiency

Name	
Qualification & Number	
Date	
Signature	

I certify that proficiency in Snorkelling-Safe Participant has been attained by:

Introduction

Welcome to your Program Pathway for the pursuit of Safe Participant Snorkelling.

This Program Pathway allows you to be clear on what you required to do to complete the requirements to achieve completion of Program Pathway. This Program involves the skills and knowledge required for Snorkelling Safe Participant

The Program Pathway Portfolio is broken into 3 parts

Part 1 – Pre-Program Evidence items are the things you have to complete before you attend the face-to-face part of the program

Part 2 – On Program Evidence Items are where you record the skills and knowledge you develop on the face-to-face part of the Program.

Part 3 – Post Program Evidence Items

As you complete the items please capture or connect them to this portfolio type document. Once you have completed all the evidence items in the Program please return the complete Program Pathway Portfolio to the Training Section of your Branch. A review of your completed Portfolio will be undertaken, and once you have been deemed competent you will be recognised as a Safe Participant.

If you are also seeking the VET unit noted above you will need to contact your Branch Training Department and enrol in SAIT. Enrolling will allow you to have a separate assessment completed by a SAIT assessor. The Assessor may require further evidence to be provided. If you are found to be competent, you will be awarded the relevant issue of competency by SAIT.

Outcomes

This Program has a link to the following Unit of Competency

- SISOSNK001 – Snorkel

Pre-Program Evidence Items

Please watch the following YouTube clips:

- Learn your snorkelling hand signals - [Snorkelling Signals with EPI](#)
- Into to How to Snorkel - [Beginner Snorkel Class](#)
- Robs Scuba Review - [Scuba Mask Prep Before Use](#)



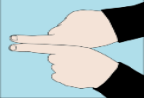


Please also make yourself familiar with your Branches policies and procedures

Review the Australian Adventurous Activity Standards and Snorkelling Good Practice Guide <https://australianaas.org.au/read/snorkelling/>

When you have watched the youtube clips then please review the below items and tick off and date when you are confident in each area.

ACTIVITY	COMPLETED
I am confident I can select appropriate snorkelling equipment, exposure protection swim wear or exposure suit suitable for conditions, and check for safe working condition.	
I can confirm protocols for communications between buddy and other party members.	
I am confident I can fit and adjust snorkelling equipment and exposure protection wear to ensure comfort and safety	
I am confident I can defog mask before and during snorkelling activities	
I am confident I can clear water from snorkel and mask when flooded.	
I am confident I can maintain contact and effectively communication with my buddy and other party members throughout all activities.	
I am confident I can confirm activity safety and emergency response procedures to ensure compliance during activities.	

What do the following hand signals mean?

	Answer		Answer
			
			
			

Questions	Response
Give two reasons to wear a rash style shirt while snorkeling	1 2
What is the most common way to ease pressure on your ears when duck diving?	
Explain the method used to clear water from your mask while snorkeling	
Name 5 items used in snorkeling activities.	1 2 3 4 5
Where is the best position for your arms while snorkeling	

On Program Evidence Items

The following will be completed while you are on the On-Program part of your pathway. Please make sure the below check list is completed and signed by your course leader.

Activity	Completed
Was able to select snorkelling equipment, correct exposure protection swim wear or exposure suit suitable for conditions, and checked for safe working conditions	
Was able to assess conditions before entering water and move into the activity location	
Was able to assess entry points and primary, secondary & emergency exit points	
Was able to identify hazards including natural, manmade and boating	
Demonstrated was able to breath comfortably through snorkel while swimming on surface	
Demonstrated buoyancy and was able to propel self-using fins	
Was able to hold breath, dive and swim under water, and clear snorkel on re-surfacing	
Clear water and pressure from ears using equalisation methods	
Was able to demonstrate appropriate hand signals during the activity	
Demonstrated the ability to safely approach, negotiate obstacles and hazards to minimise risk of injury	
<p>The candidate as demonstrated the above skills to a satisfactory level.</p> <p>On-Program Leader Name: _____</p> <p>Signature: _____ Date: / /</p>	

Post Program Evidence Items (document in your logbook and don't forget to include photos)

The following items need to be completed to complete your Program Pathway

- Have in your log book two group snorkelling activities

Complete a further snorkelling activity and ensure you document that you have completed the following

- follow safety procedures and safely negotiate hazards
- utilise effective techniques to:
 - defog mask ,enter and exit the water
 - breath through a snorkel to maintain a comfortable rate of respiration
 - clear a snorkel and mask after flooding
 - equalise pressure
 - duck dive underwater using a snorkel
 - propel self, using fins on the surface and underwater
 - maintain buoyancy

Sample activity log book:

Name:					
Activity Log Skill: Snorkelling					
Date	Snorkelling Activity	Demonstrated able to follow safety procedure, defog mask, enter and exit water, breath through a snorkel, clear snorkel and mask, equalise pressure, duck dive using snorkel, propel self using fins above and below the water	Participants	My Role	Name of Activity Leader/ team leader & contact details

<p>Pathways</p> <p>Youth Program</p> <p>Adult Training & Development</p> <p>Scouts Australia Institute of Training</p>	<p>This document can be uploaded into Scouts Terrain as supporting evidence for the relevant youth program Outdoor Adventure Skills Stages.</p> <p>Please retain a copy of your completed and assessed folio to allow you to use it as supporting evidence for the awarding of the related Scouts Australia adult training outcome.</p> <p>Please retain a copy of your completed and assessed folio to allow you to use it as partial evidence for Recognition of Prior Learning (RPL) by enrolling in SAIT and being assessed by an appointed SAIT Assessor in to achieve a Vocational Education and Training (VET) outcome.</p> <ul style="list-style-type: none"> • Please note that the Assessor for SAIT or your peers for OAS may request further supporting evidence where necessary.
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